



viveoliva

RESERVA PLAZA: 660 83 91 61

HORARIOS	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
06:15-07:15	CROSSFIT		CROSSFIT		CROSSFIT	
06:30-07:30	OPEN BOX		OPEN BOX		OPEN BOX	
07:30-08:30	CROSSFIT OPEN BOX PILATES	CROSSFIT OPEN BOX BODY POWER	CROSSFIT OPEN BOX PILATES	CROSSFIT OPEN BOX BODY POWER	CROSSFIT OPEN BOX	
09:00-10:00	OPEN BOX	OPEN BOX	OPEN BOX	OPEN BOX	OPEN BOX	CROSSFIT OPEN BOX
09:30-10:30	GAP	GAP	ZUMBA	GAP	ZUMBA	
10:00-11:00	CROSSFIT OPEN BOX	CROSSFIT OPEN BOX	CROSSFIT OPEN BOX	CROSSFIT OPEN BOX	CROSSFIT OPEN BOX	FIT KIDS 3/6 YOGA OPEN BOX
11:00-12:00	OPEN BOX YOGA	OPEN BOX PILATES	OPEN BOX YOGA	OPEN BOX PILATES	OPEN BOX YOGA	FIT KIDS 7/12 OPEN BOX PILATES
12:00-13:00	OPEN BOX GIMNASIA MANTENIMIENTO	OPEN BOX	OPEN BOX GIMNASIA MANTENIMIENTO	OPEN BOX	OPEN BOX	OPEN BOX
13:00-14:00	OPEN BOX	OPEN BOX	OPEN BOX	OPEN BOX	OPEN BOX	
14:00-15:00	CROSSFIT OPEN BOX CALISTENIA	OPEN BOX CALISTENIA	CROSSFIT OPEN BOX	OPEN BOX CALISTENIA	CROSSFIT OPEN BOX	
15:00-16:00	OPEN BOX TRX	OPEN BOX	OPEN BOX	OPEN BOX	OPEN BOX	
15:30-16:30		CROSSFIT		CROSSFIT		
15:45-16:45			GAP		GAP	
16:00-17:00	OPEN BOX CALISTENIA KIDS 7/12	OPEN BOX CALISTENIA KIDS 7/12	OPEN BOX	OPEN BOX CALISTENIA KIDS 7/12	OPEN BOX	
16:30-17:30		CROSSFIT MOBILITY		CROSSFIT		
17:00-18:00	OPEN BOX CROSSFIT ENT. FUNCIONAL	OPEN BOX TRX	OPEN BOX CROSSFIT TRX	OPEN BOX TRX	CROSSFIT MOBILITY TRX	
17:30-18:00	YOGA	YOGA KIDS 3/6	YOGA	YOGA KIDS 3/6 CROSSFIT		
18:00-19:00	HIIT CROSSFIT	OPEN BOX HALTEROFILIA	HIIT CROSSFIT	OPEN BOX HALTEROFILIA	CROSSFIT PILATES HIIT	
18:30-19:30		CALISTENIA	YOGA	CALISTENIA		
19:00-20:00	YOGA CALISTENIA	CROSSFIT PILATES OPEN BOX	CALISTENIA	CROSSFIT PILATES OPEN BOX	CALISTENIA	
19:30-20:30	OPEN BOX CROSSFIT	CALISTENIA	OPEN BOX CROSSFIT GAP	CALISTENIA	OPEN BOX CROSSFIT GAP	
20:00-21:00	CALISTENIA	CROSSFIT OPEN BOX	CALISTENIA	CROSSFIT OPEN BOX	CALISTENIA	
20:30-21:30	OPEN BOX CROSSFIT GAP	TRX ZUMBA	OPEN BOX CROSSFIT GAP	TRX ZUMBA	OPEN BOX CROSSFIT	